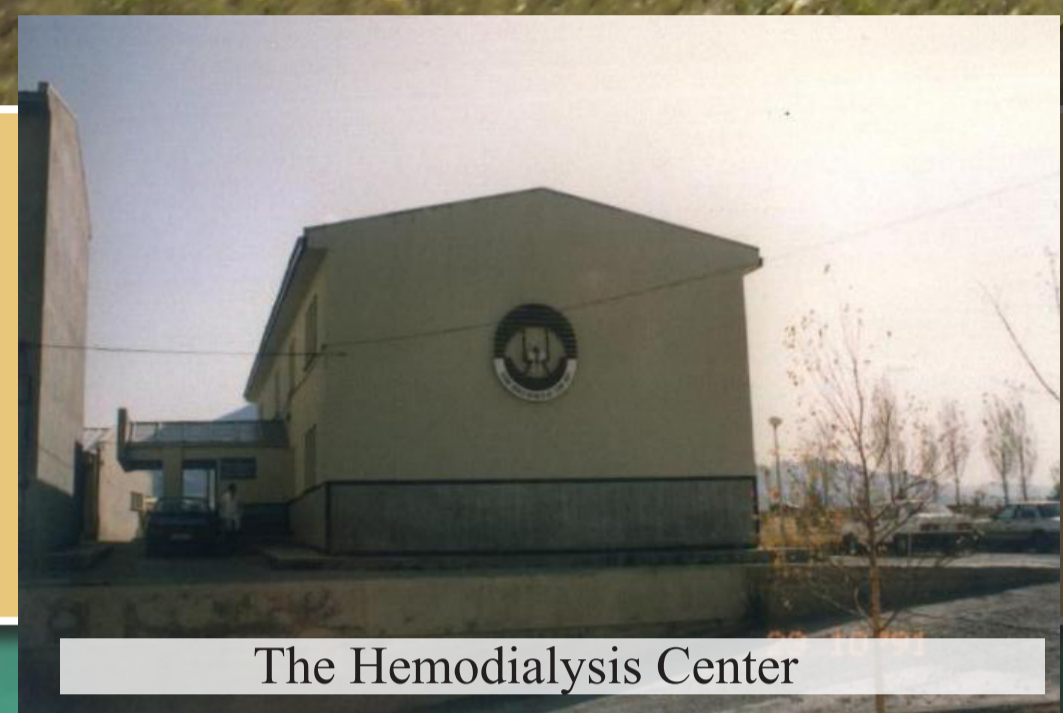


OUR HISTORY;

FROM THE FOUNDATION OF ATATURK UNIVERSITY
TREATMENT OF CHRONIC KIDNEY DISEASES TO ANATOLIAN KIDNEY
FOUNDATION AND OUR CONTRIBUTIONS TO NEPHROLOGY

Prof. Ayla San, MD

President of Anatolian Kidney Foundation



IN
ERZURUM
(1980-1995)

The Hemodialysis Center

IN
ANKARA
(1995-2015)

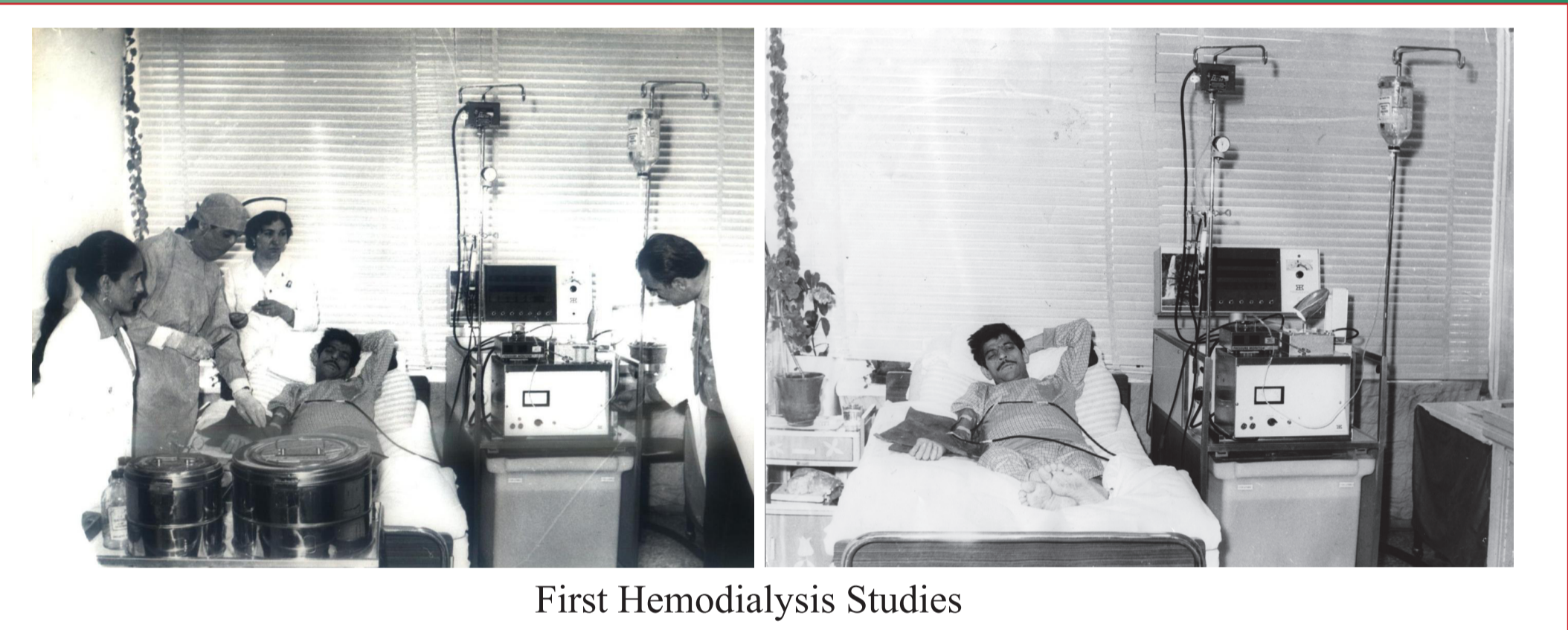


Health, Education, and Research Center

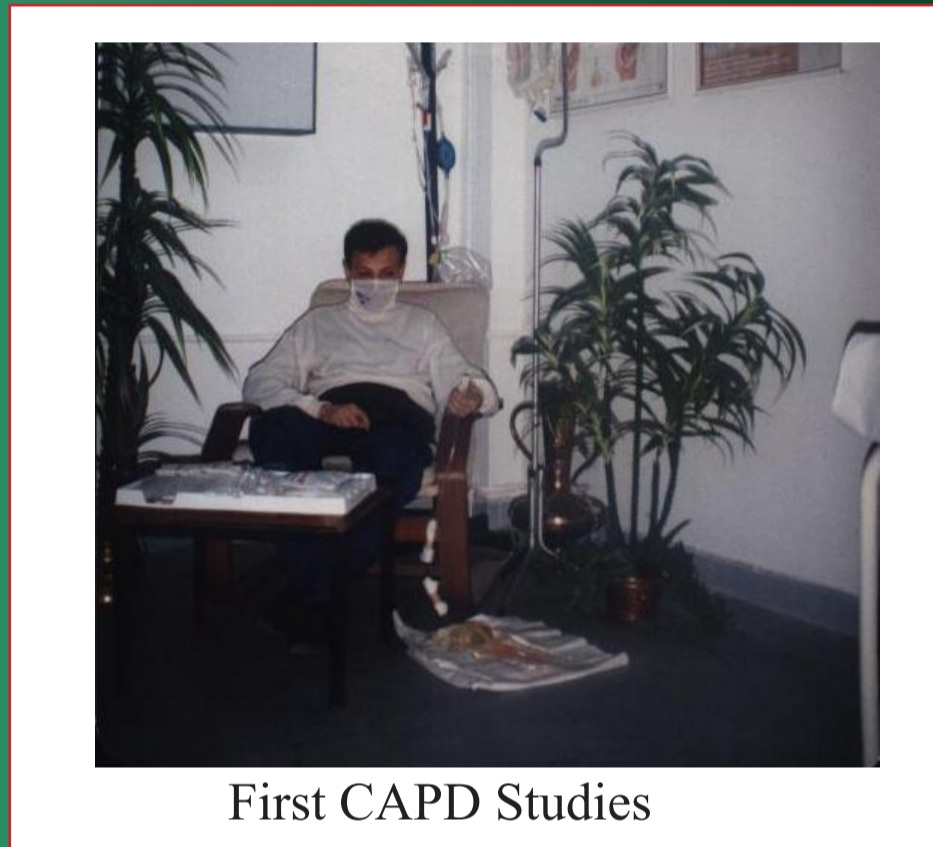


STUDIES OF THE FOUNDATION IN THE DEVELOPMENT OF
NEPHROLOGY IN EASTERN TURKEY (1973-1995)

History of the foundation goes well back for several years. It is the continuation of Atatürk University Chronic Kidney Diseases Treatment Foundation. The founder is Ayla San.



First Hemodialysis Studies



First CAPD Studies

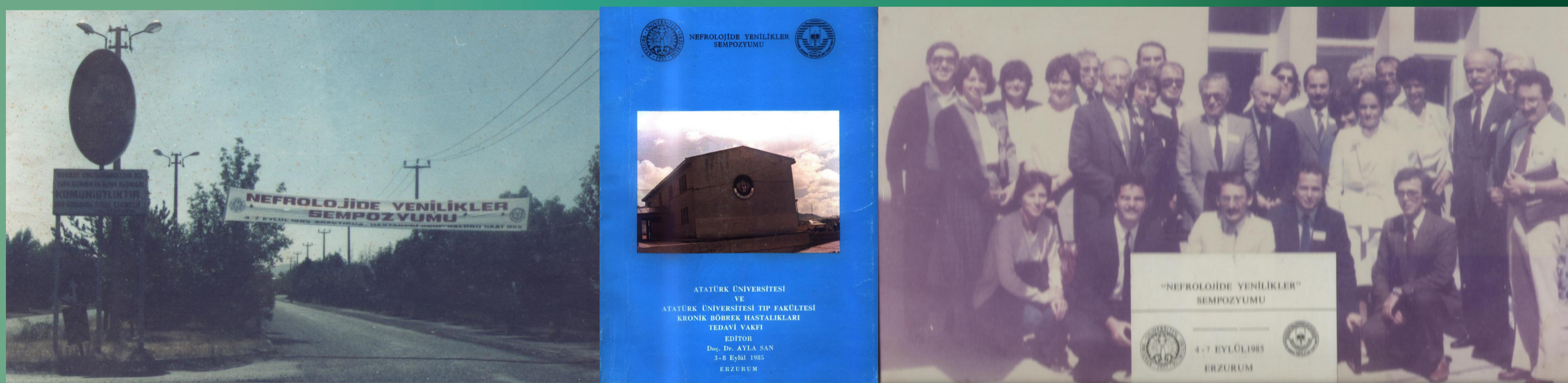


It was opened in 1984. (18th May 1984)
Kidney Disease That Will Not Suffer Anymore

Ayla San graduated from Ankara University Medical School in 1967. After she finished her specialization in Internal Medicine in 1972, she was appointed to Erzurum University Medical School in order to establish the Department of Nephrology in February 1973. After she studied Hemodialysis and Nephrology in Istanbul University Medical School Nephrology Department for eight months, she applied the first procedure of hemodialysis in Eastern Turkey in 1975, which put Erzurum among one of the firsts in this field. She started the first chronic hemodialysis in 1978.

To overcome problems during the establishment of a hemodialysis center, Prof. Ayla San MD formed Atatürk University Medical School Chronic Kidney Diseases Treatment Foundation in 1980. When she went to Miami University to gain knowledge, she also studied Continuous Ambulatory Peritoneal Dialysis (CAPD). I was invited to Venice by Prof. Dr. Bazetto to study CAPD in 1982. In this way, she was able to impart materials for CAPD but persuading patients to undergo this process was very challenging then. Meanwhile, we had to deal with water purification system for a long time. This was solved in 1984.

The foundation put in service a modern two-storey dialysis center in 1984. In addition, Nephrology Congresses, the first of which was held in 1980 but could not be continued, was started as The 2nd Nephrology Congress in 1985 by Ayla San.



Trained on renal transplantation (RTx) in Osaka for six months in 1991 (JICA scholarship).

In 1991, The Tissue Matching Laboratory was set within the foundation and the first CAPD practice was realized. The first jugular catheter was implanted in 1992.

In addition, in 1993 Nephrology and Hypertension Polyclinic was established within the foundation.

She opened lots of dialysis centers on behalf of the foundation (particularly in Gümüşhane and Kars) or contributed in establishment of them. She took over the responsibility for the dialysis issue in eastern Turkey by training many doctors, nurses and technicians.

She established Tissue Matching Laboratory In 1992, and Nephrology and Hypertension Polyclinic in 1993.

She opened several dialysis centers associated with the foundation, particularly in Gümüşhane and Kars, and contributed to the establishment of them. She was in charge of dialysis in Eastern Turkey training many doctors, nurses and technicians, also being a board member in Ministry of Health for a long time.

The foundation was taken over by the university illegally. She sued the university and retired at a very early age. She moved to Ankara with the foundation, its name changed as Anatolian Kidney Foundation (AKF) in 1995.

She is proud of having worked in the east despite the difficulties and being able to be the first in many areas in this field.

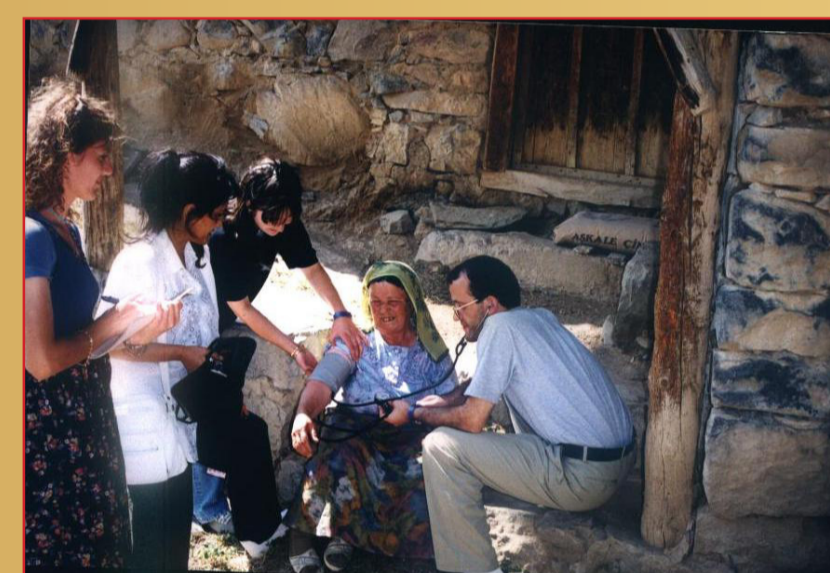
Atatürk University Chronic Kidney Diseases Treatment Foundation, which delivered important services in the eastern region, was relocated in Ankara and renamed as Anatolia Kidney Foundation in 1995 to serve better and expand its services nationwide.



CEREMONY

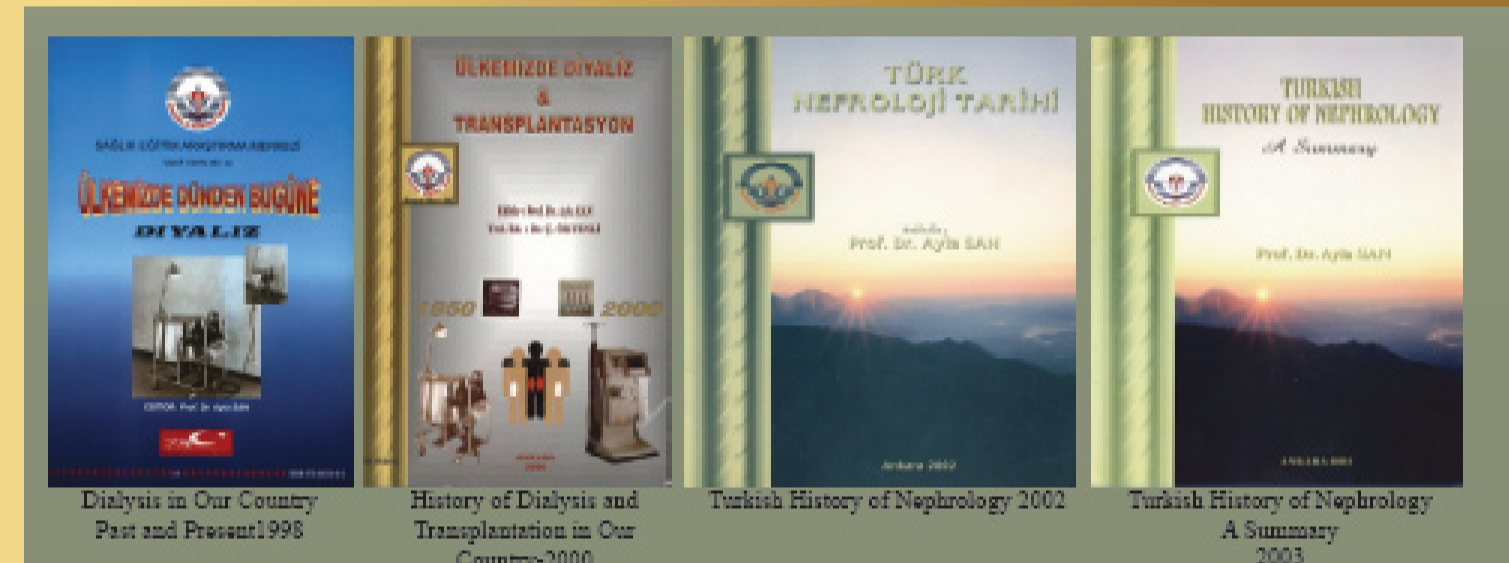
After 6 years in 2001, the court case against Atatürk University resulted in favor of her. Nevertheless, she donated all the assets property of the foundation to the university with a ceremony organized by the Dean and the Rector, with her name tag on the building indicating that the Dialysis Center was established by Ayla San.

STUDIES OF THE FOUNDATION IN THE DEVELOPMENT OF
NEPHROLOGY IN ANKARA (1995-2015)



The foundation established Health, Education, and Research Center and Kidney Diseases and Hypertension Polyclinic. Also, it carried out a health check - up program in Gümüşhane, which was selected as a pilot area. The foundation expanded its service area as a consultant office in health services.

Two books written by Prof. Ayla San MD called 'Dialysis in our Country, Past and Present' and 'History of Dialysis and Transplantation in our Country' have been widely demanded and admired. She also concluded her incomplete duty by finishing the book named 'The History of Turkish Nephrology'.



1st and 2nd International Congress on the Turkish History of Medicine (THM) 10th and 12th National Congress on the Turkish History of Medicine, 2008 Konya, 2012 Istanbul.

The 8th meeting of International Association of History of Nephrology (IAHN) held in 2013 in Greece. I participated with the speech on "Nephrological Knowledge in Turkey during the 18th, 19th and early 20th Centuries", published in journal of Nephrology, later History of Nephrology.

The educational newspaper 'Renaliz', issued every four months, has been the first scientific nephrology newspaper in Turkey and is broadly admired. Renaliz, which reached its 55th issue, analyzing every subject in Nephrology in a detailed fashion, has been published for sixteen years.

The foundation organized comprehensive symposiums, congresses and panels on hemodialysis and quality, chronic renal failure and nutrition, renal diseases and nutrition, early detection and prevention in renal diseases, intensive care in nephrology.

In addition, the foundation informs the public by Renaliz newspaper and public meetings about organ donation. It gives place to warnings and informative slogans about organ donation and also about other health issues in the calendars that have been published since 1990. The scientific community also admires services of the foundation. The foundation is immediately accepted in Ankara since there was a great necessity for a foundation this.

The foundation believes that there is a lack of education beneath every problem in our country and attaches great importance to education. The foundation delivered prizes to doctors and nurses.

AKF became the member of IFKF in 2000 and since then it has been participating in all its meetings and congresses.

IFKF Annual Meetings

2000 - 1st Annual Meeting IFKF, Nevşehir (Turkey), consecutively; 2001-Los Angeles (USA), 2002-Prague (Czech Republic), 2003-Amsterdam (The Netherlands), 2004-Adelaide (Australia), 2005-Dublin (Ireland), 2006-Naxos, Sicily (Italy), 2007-Curitiba (Brazil), 2008-Mainz (Germany), 2009-Istanbul (Turkey), 2010-Kuala Lumpur, (Malaysia), 2011-Vancouver (Canada), 2012-Budapest (Hungary), 2013- Guadalajara, Jalisco (Mexico), 2014-Lyon (France), 2015- Tokyo (Japan).



Prof Ayla San was presented the Joel D. Kopple Prize in the 16th IFKF annual meeting held in Tokyo, Japan, on 9-12 July 2015.



World Kidney Day

World Kidney Day started in 2006 and has not stopped growing ever since. Every year, the campaign highlights a particular theme. 2006-Are your kidneys OK?, 2007-CKD: Common, harmful and treatable, 2008-Your amazing kidneys!, 2009-Protect your kidneys: Keep your pressure down, 2010-Protect your kidneys: Control diabetes, 2011-Protect your kidneys: Save your heart, 2012-Donate - Kidneys for Life - Receive, 2013-Kidneys for Life - Stop Kidney Attack!, 2014-Chronic Kidney Disease (CKD) and aging, 2015-Kidney Health for All.

In addition, AKF has been trying to inform the public of the organ donation through open meetings and "Renaliz" since 1980. It has received great recognition by scientific circles.

"The Development of Turkish Nephrology from Past to Present" has been accepted as a poster presentation at the 52nd ERA-EDTA Congress which was organized in collaboration with the Renal Association in London, United Kingdom (May 28-31, 2015). Our abstract presented in the Poster Area of the ExCeL London on Friday, May 29 2015.

The foundation, in the belief that "Giving life is more important than living" tries to raise awareness in healthy lifestyles and continues its studies enthusiastically.

REFERENCES

1. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
2. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
3. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
4. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
5. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
6. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
7. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
8. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
9. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
10. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
11. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.
12. Ozek C, Nephrology Symposium 1, Prof. Dr. Özyazgan'ın Türkiye'deki Nefrolojiye Katkıları: Türkiye'nin Nefroloji Tarihi (History of Progress Made in Medical Branches in the world and in Turkey after 1950), Cumhuriyet Medical Foundation Publications, 4, p. 203-216, Istanbul, 1981.