

OUR HISTORY FROM THE FOUNDATION OF ATATURK UNIVERSITY TREATMENT OF CHRONIC KIDNEY DISEASES TO ANATOLIAN KIDNEY FOUNDATION AND OUR CONTRIBUTIONS TO NEPHROLOGY



Anatolian Kidney Foundation/Health, Education Research Center (1995-2013)



Ayla San

In 1995, The Foundation of Atatürk University Treatment of Chronic Kidney Diseases, which delivered important services in the eastern region, was relocated in Ankara and renamed as Anatolian Kidney Foundation to serve better and expand its services nationwide.

A Health, Education, Research Center was established within the foundation.

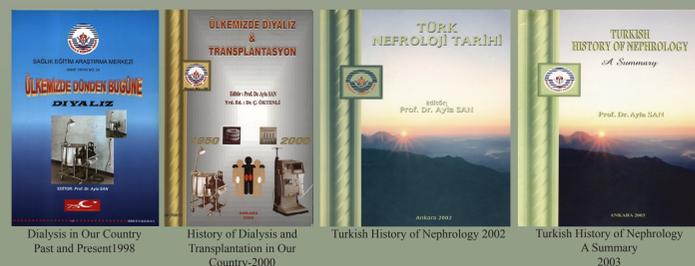
Chronic Diseases and Hypertension Polyclinic was also established. A project was organized 'for early diagnosis and treatment of patients with Chronic Kidney Diseases.' Health check-ups were carried out in Gümüşhane, which was chosen as a pilot area.



Our Field Screenings in Gümüşhane

When did I decide to write Turkish History of Nephrology? 1995

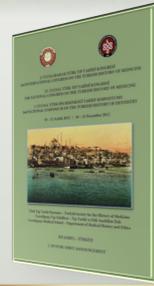
- We did not use to have any accessible material or article about the history of Turkish Nephrology and no one knew what others were doing. Therefore, I started to write it down thinking that "If one does not know about one's past, he cannot know about his future" I sent for the academicians in different clinics, who dealt with Nephrology.
- I called them over and over. I faxed them. We didn't have e-mail then.
- I tried to collect general information and I interviewed those who could not answer by visiting them at their places.
- I tried to contact Ministry of Health and other institutions, such as Social Security
- The book, *Turkish History of Nephrology*, was completed first as *Dialysis in Our Country*, then as *Dialysis Transplantation*, and finally as *Turkish History of Nephrology*, which became one of the mostly wanted books in the field.
- *A Summary*" (2003) was written and published by Ayla SAN.
- *Turkish History of Nephrology* was updated and presented by Prof. Dr. Ayla San for the national and international congresses on The Turkish History of Medicine in 2008 and 2012.
- On 20-21 September 2013, 8th IAHN, International Association for the History of Nephrology, Congress in Ancient Olympia, Greece Ayla San presented "Nephrological Knowledge in Turkey During the 18th, 19th and Early 20th Centuries".



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1st International Congress on the Turkish History of Medicine
 10th National Congress on the Turkish History of Medicine,
 20-24 May, 2008, Konya



2nd International Congress on the Turkish History of Medicine
 12th National Congress on the Turkish History of Medicine,
 10-13 December, 2012, Istanbul

Our foundation, which obtained "LIVE AND LET LIVE" as a slogan, started to issue a newspaper called "Renaliz", every four months with mere educational purposes informing of nephrological news. It is the first scientific Nephrological newspaper in Turkey which is broadly admired. Renaliz analyzes every subject in nephrology in a detailed fashion. The 48 th issue will be issued soon.



With the increasing number of dialysis centers, Ayla San focused on the quality in hemodialysis and started congresses on Quality in Dialysis. She coined the term "Quality in Hemodialysis".

The First Symposium on Hemodialysis and Quality in Turkey 14th May 2003 Ankara



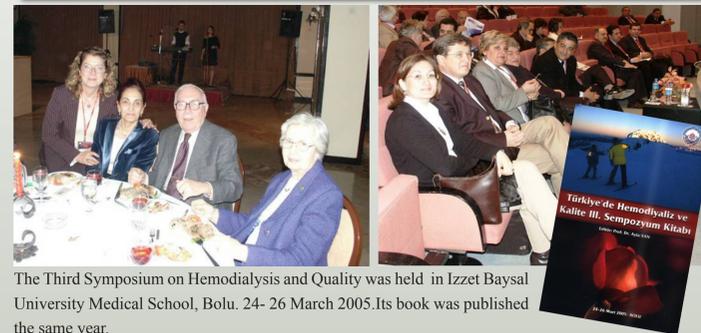
The problems arising from the increase in the number of hemodialysis centers and solutions were discussed. Its book was published in 2003.

The Second Symposium on Hemodialysis and Quality in Trabzon. 1-3 July, 2004



The Second Symposium on Hemodialysis and Quality was in Trabzon. 1-3 July, 2004. Its book was published the same year.

The Third Congress on Hemodialysis and Quality in Turkey" (March 24-26 2005, Bolu)



The Third Symposium on Hemodialysis and Quality was held in Izzet Baysal University Medical School, Bolu. 24- 26 March 2005. Its book was published the same year.

The Fourth Symposium on Hemodialysis and Quality in Bilkent. 28-30 April 2011 ANKARA



Due to the changes in the regulations, the failure of economic situation, the stability of the prices of hemodialysis and the increase in the number of centers leading to serious problems caused us to organize this symposium 6 years later.

The Fifth Symposium on Hemodialysis and Quality 26-29 April 2012 CYPRUS



The reasons for the decrease in the hemodialysis applications, the quality control of the dialyses, home dialysis, the ways to increase the quality of life dialysis in earthquakes and chronic renal failure were the main topics discussed.

The Sixth Symposium on Hemodialysis and Quality 20-21 September 2013



It was very successful and widely admired, especially the questionnaire carried out on Doctors of Dialysis for the first time.